

## Sigmund Freud University Curriculum Psychotherapy Science Bachelor Programme

### 1st Semester (B1)

Module	Title	Type	Unit(s)	ECTS
<b>A</b>	<b>Psychotherapy science</b>			
	Lecture series – Perspectives of psychotherapy science	LECT	1	1,5
	Psychotherapy as a science	PS	1	2
	Psychotherapy as a profession	PS	1	2
	History and theoretical development of the psychotherapy schools I	LECT	2	3
	History and theoretical development of the psychotherapy schools I	PS	1	2
	Academic writing I	WS	0,5	0,5
<b>B</b>	<b>Psychological basics</b>			
	General psychology I	LECT	1	1,5
	Differential psychology	LECT	2	3
	Psychological diagnostics I	LECT	2	3
<b>C</b>	<b>Medical basics</b>			
	Introduction to medical terminology	LECT	2	3
	Psychiatry I	LECT	1	1,5
	Fundamental principles of neuroscience	LECT	1	1,5
<b>D</b>	<b>Praxeology</b>			
	Clinical placement	PR		4
	Training supervision and reflection I	PRS	0,5	0,5
	Self-awareness I	PD	1	1
<b>Total</b>			<b>17</b>	<b>30</b>

## 2nd Semester (B2)

Module	Title	Type	Unit(s)	ECTS
<b>A</b>	<b>Psychotherapy science</b>			
	History and theoretical development of the psychotherapy schools II	LECT	1	1,5
	History and theoretical development of the psychotherapy schools II	PS	1	2
	Training supervision and reflection II (focus on documentation)	PRS	1	1
<b>B</b>	<b>Psychological basics</b>			
	Psychological diagnostics II	LECT	1	1,5
	Psychological diagnostics II	WS	1	1
<b>C</b>	<b>Medical basics</b>			
	Psychiatry II	LECT	2	3
	Rehabilitation, special needs and therapeutic psychology	LECT	2	3
<b>D</b>	<b>Praxeology</b>			
	Forms of psychosocial intervention I	PS	2	4
	Clinical placement	PR		5,5
	Self-awareness II	PD	1	1
<b>E</b>	<b>Research methods</b>			
	Scientific research methods I	LECT	2	3
	Scientific research methods I	WS	1	1,5
	Academic writing II	PS	1	2
<b>Total</b>			<b>16</b>	<b>30</b>

### 3rd Semester (B3)

Module	Title	Type	Unit(s)	ECTS
<b>A</b>	<b>Psychotherapy science</b>			
	History and theoretical development of the psychotherapy schools III	LECT	1	1,5
	History and theoretical development of the psychotherapy schools III	PS	1	2
	Basics in cultural studies I	LECT	1	2
	Training supervision and reflection III	PRS	1	1
<b>B</b>	<b>Psychological basics</b>			
	General psychology II	LECT	1	1,5
	Developmental psychology	LECT	1	1,5
	Developmental psychology	PS	1	1,5
	Social psychology	LECT	1	1,5
<b>C</b>	<b>Medical basics</b>			
	Psychopharmacology	LECT	2	3
	Psychopharmacology	PS	1	2
<b>D</b>	<b>Praxeology</b>			
	Clinical placement	PR		4,5
	Self-awareness III	PD	1	1
	Research workshop I	WS	1	1
<b>E</b>	<b>Research methods</b>			
	Statistical data analysis and quantitative methods	LECT	1	1,5
	Statistical data analysis and quantitative methods	WS	1	1,5
<b>F</b>	<b>Fundamental principles of psychotherapy practice</b>			
	Introduction to the healthcare system	LECT	1	1,5
	Introduction to the health insurance system	LECT	1	1,5
<b>Total</b>			<b>17</b>	<b>30</b>

## 4th Semester (B4)

Module	Title	Type	Unit(s)	ECTS
<b>A</b>	<b>Psychotherapy science</b>			
	Basics in cultural studies II	LECT	1	1,5
	Psychotherapy and gerontology	LECT	1	1,5
	Elective – „Window of Opportunity” <sup>1</sup>	WS	1	1
	Training supervision and reflection IV	PRS	0,5	0,5
<b>C</b>	<b>Medical basics</b>			
	Psychosomatics	LECT	2	3
	First aid	WS	1	1
	Child and youth psychiatry	LECT	2	3
<b>D</b>	<b>Praxeology</b>			
	Clinical placement	PR		4,5
	Ethics	LECT	1	1,5
	Ethics	PS	1	1,5
	Forms of psychosocial intervention II	PS	2	3
<b>E</b>	<b>Research methods</b>			
	Scientific research methods II	LECT	1	1,5
	Academic writing III	WS	0,5	0,5
<b>F</b>	<b>Fundamental principles of psychotherapy practice</b>			
	Law in the healthcare system	LECT	1	1,5
	Law in the healthcare system	PS	1	1,5
	Introduction to the healthcare environment	LECT	1	1,5
	Principles of psychosocial care	LECT	1	1,5
<b>Total</b>			<b>18</b>	<b>30</b>

<sup>1</sup> Attendance of a research practicum, or of the method day, or of conferences or book presentation (20h) + submission of a report

## 5th Semester (B5)

Module	Title	Type	Unit(s)	ECTS
<b>A</b>	<b>Psychotherapy science</b>			
	General psychopathology	LECT	2	3
	<b>MOD</b> Basic principles of personality theory and development	SE	2	3
	<b>MOD</b> Scientific terminology	SE	2	3
	<b>MOD</b> Principles of psychopathology I	SE	1	1,5
<b>D</b>	<b>Praxeology</b>			
	<b>MOD</b> Clinical placement	MPR		7
	<b>MOD</b> Training supervision and reflection V	MPRS	1	1,5
	<b>MOD</b> Self-awareness I-internal	MPD	2	2
	Principles of psychotherapeutic discourse	WS	1	1
<b>E</b>	<b>Research methods</b>			
	Qualitative interpretation	LECT	1	1,5
	Qualitative interpretation	WS	1	1,5
	Academic writing IV	PS	1	2
	Research workshop II	WS	1	1
<b>F</b>	<b>Fundamental principles of psychotherapy practice</b>			
	Sexuality	PS	1	2
<b>Total</b>			<b>16</b>	<b>30</b>

## 6th Semester (B6)

Module	Title	Type	Unit(s)	ECTS
<b>D</b>	<b>Praxeology</b>			
	<b>MOD</b> Clinical placement	MPR		4,5
	<b>MOD</b> Self-awareness II-internal	MPD	2	2
	Crisis intervention	PS	1	2
<b>F</b>	<b>Fundamental principles of psychotherapy practice</b>			
	Differential psychopathology	LECT	1	1,5
	<b>MOD</b> Principles of psychopathology II	SE	2	4
	<b>MOD</b> Principles of therapy techniques	SE	1	2
	Group processes and dynamics	LECT	1	1,5
	Group processes and dynamics	PS	1	2
<b>G</b>	<b>Thesis and examination</b>			
	Bachelor thesis	TP		8,5
	Final examination	FE		2
<b>Total</b>			<b>9</b>	<b>30</b>

### LEGEND

LECT=Lecture

PS=Proseminar

WS=Workshop

SE=Seminar

PD=Personal Development

PRS=Reflection of the Practicum

PR=Practicum

MPD=Method-specific Personal Development

MPRS=Method-specific Reflection of the Practicum

MPR=Method-specific Practicum

TP=Thesis Project

FE= Final Examination